



Dates for the Diary

July 2025

Monday - 10-11am - **Salsacise/KeepFit** - WI Hall. Everyone welcome. Wake up your body and find that happy glow. No need to book just come along and check us out. Small charge. See you there, Laura - 790901.

Wednesday's - 10-12pm - **Rendezvous** - WI Hall. A great way for residents to catch up with friends and neighbours over coffee every Wednesday morning.

Wednesday's - 5.45-6.45pm - **Dancercise** - WI Hall. One hour of dance and exercise to great music videos from the 60s to the Noughties. There is a small charge to cover the cost of the hall hire. For more details ring Helen 791849.

Tuesday, 1st July - 6-7pm - **Sound Bath Experience** - WI Hall. Relax, Reduce Stress & Increase positivity. Led by Rachel Summerson - £18. Contact 07703 330 662 or Rachel.holistichealth@gmail.com

Thursday, 3rd July - 7pm - **UVA meeting** - WI Hall.

Tuesday, 8th July - 2.30-4.30pm - **Crafternoon** - WI Hall. Calling all Crafters. The Craft groups meet twice a month in the WI Hall. These groups are open to any crafters, you do not need to be a WI member to join in. We have people who knit, crochet and sew as well as people who do felting and beading. We offer friendship and mutual support. Each session costs £3 to cover hall hire and refreshments. Why not join us?

Tuesday, 8th July - 7.30pm - **Film Night** - WI Hall. We continue our season of films set in World War Two. The July film is the classic 'Bridge on the River Kwai' chosen to remember all those still fighting in the Far East and Prisoners of War (POW) still held after the war in Europe was over. Staring Alec Guinness, William Holden and Jack Hawkins and directed by David Lean, the film was made in 1957 and received Oscars for Best Actor (Alec Guinness) Best Picture, and Best Director, and Baftas for Best Picture and Best Director in 1958. In total the film received 7 Academy Awards and in 1997 was declared 'culturally, historically or aesthetically significant' and selected for preservation in the National Film Registry by the United States Library of Congress.

Thursday, 17th July - 7-9pm - **CrafterSeven** - WI Hall. We are a small, friendly group of crafters. Bring your own project and enjoy the company of fellow crafters. There is a small charge of £3 to cover refreshments and hall hire.

Monday, 21st July - 7pm - **Parish Council meeting** - WI Hall.

Gardening Club - Please contact Helen 791849 for the summer programme. The Ulgham Village Gardening Club Flower and Produce Show will be on **Saturday, 6th September** - WI Hall. Further details in the August and September Newsletters.

St John's Church.

Services will be **every Sunday** with 1st and 3rd Sunday's being **Holy Communion** at 11am.

For information on 'Regular Meetings at the WI Hall' refer to the Ulgham Village website <https://ulgham.org/ulgham-wi>

Keeping in touch



Ulgham village together



ulgham.org

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