

**Monday** - 10-11am - **Salsacise/KeepFit** - WI Hall. Everyone welcome. Wake up your body and find that happy glow. No need to book just come along and check us out. Small charge. See you there, Laura - 790901.

**Wednesday's** - 10-12pm - **Rendezvous** - WI Hall. A great way for residents to catch up with friends and neighbours over coffee every Wednesday morning.

**Wednesday's** - 5.45-6.45pm - **Dancercise** - WI Hall. One hour of dance and exercise to great music videos from the 60s to the Noughties. There is a small charge to cover the cost of the hall hire. For more details ring Helen 791849.

**Tuesday, 3rd June** - 6-7pm - **Sound Bath Experience** - WI Hall. Relax, Reduce Stress & Increase positivity. Led by Rachel Summerson - £18. Contact 07703 330 662 or Rachel.holistichealth@gmail.com

**Tuesday, 10th June** - 2.30-4.30pm - **Crafternoon** - WI Hall. Do you sew, knit, crochet, felt or craft? We craft, chatter and have a cuppa and we sometimes share expertise. New members are always welcome. Small charge of £3.

**Film Night.** Over the next 3 months we will be showing 3 films that are set in World War 2 to honour and pay tribute to the memory of all those who lived through it: 'Their Finest', 'Empire of the Sun' and 'The Bridge on the River Kwai'.

On **Tuesday, 10th June** - 7.30pm - WI Hall. 'Their Finest' made in 2016 stars Bill Nighy, Richard E Grant and Gemma Arterton and is based on the book 'Their Finest Hour and a Half' by Lissa Evans. A story about the making of propaganda films by the Ministry of Information during the war. It has a comic theme but also doesn't flinch from some of the realities of life lived in during the Blitz and the aftermath of Dunkirk.

On **Tuesday**, **8th July** we will be showing 'Empire of the Sun' and on **Tuesday**, **12th August** 'The Bridge on the River Kwai' in keeping with VJ Day and the end of the war with Japan. Further information will be in the July and August Newsletters.

Monday, 16th June - 7pm - Parish Council meeting - WI Hall.

**Thursday, 19th June** - 7-9pm - **CrafterSeven** - WI Hall. Bring your own craft and enjoy the company of fellow crafters. New crafters are always welcome. There is a small charge of £3 to cover refreshments and hall hire.

**Gardening Club**. Please contact Helen 791849 for the summer programme.

## St John's Church.

Services will be every Sunday with 1st and 3rd Sunday's being Holy Communion at 11am.

On Trinity **Sunday, 15th June**, there will be a joint service at Holy Trinity, Widdrington at 9.30am.

For information on 'Regular Meetings at the WI Hall' refer to the Ulgham Village website https://ulgham.org/ulgham-wi



