



Dates for the Diary

February 2025

Monday - 10-11am - **Salsacise/KeepFit** - WI Hall. Everyone welcome. Wake up your body and find that happy glow. No need to book just come along and check us out. Small charge. See you there, Laura - 790901.

Wednesday's - 10-12pm - **Rendezvous** - WI Hall. A great way for residents to catch up with friends and neighbours over coffee every Wednesday morning.

Wednesday's - 5.45-6.45pm - **Dancercise** - WI Hall. One hour of dance and exercise to great music videos from the 60s to the Noughties. There is a small charge to cover the cost of the hall hire. For more details ring Helen 791849.

Wednesday's - 7.30-8.30pm - **Yoga** - WI Hall. No classes in February. For further information, contact Becci 07939632518 or sageearthyyoga@gmail.com

Tuesday, 4th February - 6-7pm - **Sound Bath Experience** - WI Hall. Relax, Reduce Stress & Increase positivity. Led by Rachel Summerson - £15. Contact 07703 330 662 or Rachel.holistichealth@gmail.com

Wednesday, 5th February - 2-4pm (every fortnightly thereafter) - **Indoor Bowls** - WI Hall. All are welcome.

Saturday, 8th February - 8-11.30pm - **Valentine Dance** - WI Hall. Pie and Peas supper, drinks from the bar. Tickets £15 from Pauline, pmartin0553@gmail.com, 01670 790721 or 07752 334052.

Tuesday, 11th February - 2.30-4.30pm - **Crafternoon** - WI Hall. Calling all Crafters. Do you sew, knit, crochet, felt or craft in any form? We are a small and friendly group. We craft, chatter and have a cuppa and we sometimes share expertise. We have organised a visit to the Harrogate Knit and Stitch show and we are exploring the possibility of having visiting tutors coming along to teach us new skills. New members are always welcome to join us. Why not give us a try? Small charge of £3.

Tuesday, 11th February - 7.30pm - **Film Night** - WI Hall. We are showing 'Mrs Harris Goes to Paris' starring Lesley Manville. "This is a humourously heartwarming tale about London housekeeper Ada Harris who thinks her lonely life might turn around if she can become the owner of a Christian Dior gown. Saying goodbye to friends won't be easy and neither will be winning over elite people in Paris but Ada's irrepressible charm just might end up saving the whole house of Dior. An uplifting story of how an ordinary woman becomes an extraordinary inspiration by daring to follow her dreams." The film is set in the 1950s so enjoy the nostalgia!!

Monday, 17th February - 7pm - **Parish Council meeting** - WI Hall.

Thursday, 20th February - 7-9pm - **CrafterSeven** - WI Hall. Bring along any project you're working on: knitting, crochet, sewing, painting etc. New members are always welcome to join us. Why not give us a try? There is a small charge of £3 to cover the cost of the hall hire and refreshments.

St John's Church

Services will be **every Sunday** with 1st and 3rd Sunday's being **Holy Communion** at 11am.

For information on 'Regular Meetings at the WI Hall' refer to the Ulgham Village website <https://ulgham.org/ulgham-wi>