



Dates for the Diary June 2024

Monday's - 10-11am - **Salsacise/KeepFit** - WI Hall. Want to feel energised and keep the body moving. This is a small and friendly group, always willing to help new members (no floor work). No booking needed just come along. Small charge. Look forward to see old and new members. Contact Laura 790901.

Wednesday's - 10-12pm - **Rendezvous** - WI Hall. A great way for residents to catch up with friends and neighbours over coffee every Wednesday morning.

Wednesday's - 5.45-6.45pm – **Dancercise** - WI Hall. Dance and exercise to great music videos from the 60s to the Noughties. There is a small charge to cover the cost of the hall hire. For more details ring Helen 791849.

Wednesday's - 7.30-8.30pm - **Yoga** - WI Hall. All welcome. Call Becci 07939 632518 or sageearthyyoga@gmail.com

Thursday's - 2.30-3.30pm - **Chair Yoga** - WI Hall. Contact Jules Bachanan 0758 4034708.

Saturday, 1st June - 10am-12pm. The Gardening Club are holding a **plant sale** with donations going to Macmillan Cancer Support. Come and buy plants, hanging baskets, planted containers and enjoy tea and coffee on the lawn. Venue 10 Manor Court, NE61 3BG.

Tuesday, 4th June – 6-7pm - **Sound Bath Experience** - WI Hall. Relax, Reduce Stress & Increase positivity. Led by Rachel Summerson - £15. Contact 07703 330 662 or Rachel.holistichealth@gmail.com

Tuesday, 11th June – 2.30-4.30pm - **Crafternoon** - WI Hall. Bring along your knitting, sewing, crafting etc. £3.

Tuesday, 11th June - 7.30pm - **Film Night** - WI Hall. 'THE CHILDREN ACT' starring Helen Mirren and Stanley Tucci. 'This is based on the book by Ian McEwan and tells the story of Adam a teenager who is refusing on religious grounds a blood transfusion which will save his life. Mirren is an eminent judge in the Family Division of the High Court and she must make the decision on whether Adam should live or die.'

Thursday, 13th June - 7pm - **Chinese Banquet** at Mulan Restaurant Morpeth - 3 Course Meal. Tickets £23 available from Pauline 01670 790721, mobile 07752 334052, email pmartin0553@gmail.com

17th June - **Parish Council** meeting.

Thursday, 20th June - 7-9pm - **CrafterSeven** - WI Hall. Bring along any project you're working on: knitting, crochet, sewing, painting etc. Refreshments will be served too! Small charge £3 a session.

Gardening Club - no meetings until the September Show, details in August Newsletter. Don't forget the Sunflower Competition, details of judging in August Newsletter.

Saturday, 6th July - **Ulgham Feast**. Preparation for the Feast is going ahead. If anyone would like to be involved, please contact Lynne Scott, 790636 or email lynne.scott@hotmail.com

St John's Church services will be:

Every Sunday with **1st** and **3rd Sunday's** being **Holy Communion** at 11am. On **Sunday, 30th June** there will be a **joint service** of Holy Communion at **St John's** at 11am.

For information on 'Regular Meetings at the WI Hall' refer to the WI page on the Village website <https://ulgham.org/ulgham-wi> or the annual WI Hall information leaflet.